



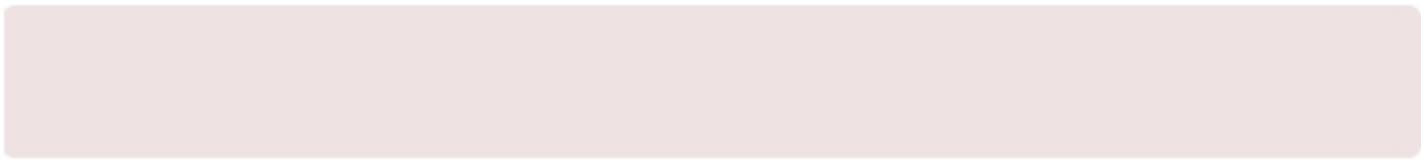
Douglas County West
Community Schools



Breakfast

AUGUST

2014



monday

tuesday

wednesday

thursday

friday

1

2

3

4

5

LABOR DAY - NO SCHOOL

Bagel & Cream Cheese OR Cereal and Toast, Fruit

Ham & Cheese English Muffin OR Cereal and Toast, Fruit

Scrambled Eggs & Toast OR Cereal and Toast, Fruit

Muffin & Yogurt OR Cereal and Toast, Fruit

8

9

10

11

12

Egg Omelot & Toast OR Cereal and Toast, Fruit

Sausage Link w/ Biscuit & Gravy OR Cereal and Toast, Fruit

Ultimate Cookie & Yogurt OR Cereal and Toast, Fruit

Mini Pancake/Sausage Nuggets OR Cereal and Toast, Fruit

Pop Tart & String Cheese OR Cereal and Toast, Fruit

15

16

17

18

19

Breakfast Burrito OR Cereal and Toast, Fruit

Egg Biscuit OR Cereal and Toast, Fruit

French Toast Sticks OR Cereal and Toast, Fruit

Long John OR Cereal and Toast, Fruit

Apple Bosco Stick OR Cereal and Toast, Fruit

22

23

24

25

26

Breakfast Pizza OR Cereal and Toast, Fruit

Cinnamon Streusel & Yogurt OR Cereal and Toast, Fruit

Combo Bar & English Muffin OR Cereal and Toast, Fruit

Biscuit & Sausage Gravy OR Cereal and Toast, Fruit

Cinnamon Roll OR Cereal and Toast, Fruit

29

30

1

2

3

Waffle Sticks OR Cereal and Toast, Fruit

Ham & Cheese English Muffin OR Cereal and Toast, Fruit

Bagel & Cream Cheese OR Cereal and Toast, Fruit

Scrambled Eggs & Toast OR Cereal and Toast, Fruit

Muffin & Yogurt OR Cereal and Toast, Fruit



Douglas County West
Community Schools



Lunch

SEPTEMBER

2014



monday	tuesday	wednesday	thursday	friday
1 LABOR DAY - NO SCHOOL	2 Pork Patty on Bun (PK) OR Hamburger on Bun, French Fries, Fruit Cocktail	3 Beef Nachos (PK) OR Grilled Chicken Taco Bowl, Refried Beans, Strawberries	4 Chicken Parmesan w/ Pasta (PK) OR Taco Wrap, Cucumber Salad, Rosy Applesauce	5 Chicken & Noodles (PK) OR Burrito w/ Cheese Sauce, Tator Tots, Cantaloupe
8 Rib Patty on Bun (PK) OR Chicken Quesadilla, Baked Beans, Pineapple	9 Chicken Tetrizzini (PK) OR Corn Dog on a Stick, Broccoli Salad, Peaches	10 Beef Taco (PK) OR Italian Chicken Patty on Bun, Curly Fries, Raisins	11 Meatball Sub (PK) OR Chicken Fajitas, Cauliflower, Grapes	12 Mandarin Orange Chicken w/ Rice (PK) OR Breaded Beef Sticks, Potato Cubes, Frozen Fruit Cup
15 Breaded Chicken on Bun (PK) OR French Dip, Potato Wedges, Mandarin Oranges	16 Beef Lasagna (PK) OR Grilled Chicken Wrap, California Mixed Veggies, Peaches	17 Crispitos (PK) OR Breaded Beef Patty on Bun, Corn, Cherry Fluff	18 Smiley Chicken (PK) OR Ham Wrap, Smiley Fries, Watermelon	19 Stuffed Crust Pizza (PK) OR Fish Sandwich, Italian Veggie Salad, Banana
22 Mini Corn Dogs (PK) OR Chicken Alfredo, Peas, Cinnamon Apples	23 Pasta w/Meat Sauce & Bread Stick (PK) OR Spicy Chicken Wrap, Green Beans, Orange Slices	24 BBQ Pork on Bun (PK) OR Beef Quesadilla, Baby Carrots, Pears	25 Chicken Nuggets (PK) OR Toasted Cheese & Tomato Soup, Broccoli, Fresh Fruit Medley	26 French Toast Sticks & Sausage (PK) OR Hoagie, Tri Tator, Frozen Fruit Cup
29 Taco Salad Bowl (PK) OR Scalloped Potatoes & Ham, Corn, Applesauce	30 Chicken & Gravy w/ Mashed Potatoes(PK) OR Turkey BLT Wrap, Tropical Fruit, Dinner Roll	1 Hot Dog on Bun (PK) OR Chili w/Crackers, Celery Sticks, Mandarin Oranges,	2 Hawaiian Meatballs (PK) OR Teriyaki Chicken, Rice, Green Beans, Fresh Fruit	3 Chicken Strips (PK) OR Mexican Taco Dip w/ Tortilla Chips, Baby Carrots, Pears